



# VANGUARD HIGH CROSS COUNTRY ROUNDTABLE RUNNERS

Proudly Presents Their

## 9TH ANNUAL VALENTINE 5K RUN

SATURDAY, FEBRUARY 6, 2010

### Time

### Place

Race Day Registration: 7:30 am  
Race Time: 8:30 am

**Silver River State Park**  
One mile south of SR 40 (Silver Springs Blvd) on SR 35 (Baseline Road)

### Awards

Male/Female Trophies To All Adults – 3 deep  
Adults - 5 years age groups

**Child Friendly Age Groups Trophies – 5 deep**  
(0-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18)

**Sweetheart Division** - lowest combined time, a team of 1 male/1 female (cannot qualify for individual age group awards)  
Technical T-Shirts guaranteed to first 150 pre-registered runners

### Entry Fee

Individual Entry- \$15 Preregistered  
\$20 Race Day  
Sweetheart Division -\$30 per couple Preregistered  
\$40 per couple Race Day

***Pancake Breakfast following Race!***

Thank You to Our Platinum & Gold Sponsors

**S.R. Ramaswami, M.D., P.A.**

**Slack Construction**

**Hatcher Farms**

**Radiology Associates**

**Women's Imaging Center**

**Blazers of Mid Florida Track Club** And special thanks to:

**OCALA RUNNERS CLUB, SILVER RIVER STATE PARK, OCALA SPORTS, DOING DINNER**

\*\*For questions, please call (352)368-9646 or e-mail: run26pnt2@embarqmail.com \*\*

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

E-mail address \_\_\_\_\_  
Technical Shirt Size:  
Adult: S M L XL  
Child: L

Sweetheart Division \_\_\_\_\_ (X and circle 2 shirts)

Individual Entry: Age (on Race Day) \_\_\_\_\_ Male/Female (circle one)

Complete and mail this Form along with Entry Fee to:  
**Roundtable Runners**  
3905 SE 47<sup>th</sup> Street  
Ocala, FL 34480  
**Or Register Online at**  
**www.Active.Com**  
Pre-registration deadline  
**February 1, 2010**

**Waiver:** In consideration of your acceptance of this entry, I for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against ROUNDTABLE RUNNERS, SILVER RIVER STATE PARK, FLORIDA DEPARTMENT OF ENVIRONMENTAL PROTECTION, MARION COUNTY SCHOOL BOARD, organizations sponsoring or conducting this event, or their employees, representatives, or successors, for any and all damages or injuries I may suffer.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature of Parent or guardian (if under 18) \_\_\_\_\_

Date \_\_\_\_\_